

# Suicide Prevention Word-Search Puzzle



Complete the word-search by finding and circling all 42 words linked to suicide prevention.

N A R E T E V S V I S I O N D  
 H F H O P E P T F R I E N D S  
 L A I T E A M O A L C O H O L  
 H M S G R D E P R E S S I O N  
 E I G E H S L C R A T N I O J  
 A L U C O T Y L D R C O E I L  
 L Y R X O P I V O N E I S K O  
 T H D E W P A Y C R N T X E N  
 H E L P G I Y G K E N A H E E  
 C A L L O G N C M M O E T S L  
 A T B I K I I K A I C D I O I  
 R L L O V E T R A T N I A P N  
 E I H I S O L A T I O N F R E  
 S F L O I N T E R V E N E U S  
 V E S T C E N N O C S I D P S

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|----------------|----------------|
| 1. ADVA        | 22. LEARN      |
| 2. ALCOHOL     | 23. LIFE       |
| 3. CALL        | 24. LIVING     |
| 4. CONNECT     | 25. LONELINESS |
| 5. COPYCAT     | 26. LOVE       |
| 6. DEPRESSION  | 27. OK         |
| 7. DISCONNECT  | 28. PAIN       |
| 8. DRUGS       | 29. PREVENT    |
| 9. ENROLL      | 30. PTSD       |
| 10. FAITH      | 31. PURPOSE    |
| 11. FAMILY     | 32. SEEK       |
| 12. FIGHT      | 33. SOS        |
| 13. FRIENDS    | 34. SPARE      |
| 14. HEALTHCARE | 35. STOP       |
| 15. HELP       | 36. TBI        |
| 16. HOPE       | 37. TEAM       |
| 17. IDEATION   | 38. TIME       |
| 18. INTERVENE  | 39. TRIGGER    |
| 19. ISOLATION  | 40. VETERAN    |
| 20. JOIN       | 41. VISION     |
| 21. KMAA       | 42. WIN        |

Veteran suicide prevention is a team effort. Whether you or they know it or not, every Veteran has an immediate suicide prevention team consisting of family members and friends. It's up to his or her team to be proactive in detecting the signs of suicide ideation-thinking about suicide, and intervene to deter the Veteran from suicidal thoughts. Learn more at [VetForceMultiplier.org](http://VetForceMultiplier.org) about how you can help save Veterans' lives.

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| 1. ADVA / Alabama Department of Veteran Affairs              | 22. LEARN / The signs of pre-suicide activity          |
| 2. ALCOHOL / Over consumption can trigger suicide            | 23. LIFE / Help Veteran find a purpose for living      |
| 3. CALL / 988 for immediate assistance, talk to someone      | 24. LIVING / A struggle, but life is worth the fight   |
| 4. CONNECT / Get back in the relationship game               | 25. LONELINESS / Stay connected with Veteran           |
| 5. COPYCAT / Don't be one, you're not a lemming              | 26. LOVE / Don't judge, but help the Veteran           |
| 6. DEPRESSION / Often leads to suicide itself                | 27. OK / Veteran needs to know it's OK to need help    |
| 7. DISCONNECT / Don't disconnect from society                | 28. PAIN / Can be either physical and mental, or both  |
| 8. DRUGS / Avoid harmful substance abuse & addiction         | 29. PREVENT / Focus on ending suicide ideation         |
| 9. ENROLL / In the VA Healthcare System                      | 30. PTSD / Post Traumatic Stress Disorder is real      |
| 10. FAITH / Spiritual support is a comforting state of mind  | 31. PURPOSE / Makes life more acceptable, livable      |
| 11. FAMILY / It's crucial to suicide prevention, so be one   | 32. SEEK / Appropriate professional intervention       |
| 12. FIGHT / Never give in or give up on a better life        | 33. SOS / Snuff Out Suicides, the mission              |
| 13. FRIENDS / Talk to your friends about your feelings       | 34. SPARE / Every Veteran's life is worth saving       |
| 14. HEALTHCARE / Is available to Veterans through the VA     | 35. STOP / Procrastinating, engage with the Veteran    |
| 15. HELP / You just have to ask, don't go it alone, be smart | 36. TBI / Traumatic Brain Injury                       |
| 16. HOPE / Starts with your mindset, think and stay positive | 37. TEAM / Create a suicide intervention team          |
| 17. IDEATION / Reversing suicide ideation is crucial         | 38. TIME / Is of the essence, get involved immediately |
| 18. INTERVENE / Be available to help, to intervene as needed | 39. TRIGGER / Isolation, depression, no hope           |
| 19. ISOLATION / Don't let Veterans become isolated           | 40. VETERAN / Those who protected us, need us now      |
| 20. JOIN / A local Veteran organization to be with peers     | 41. VISION / Every Veteran needs a life-vision         |
| 21. KMAA / Krulak Marine Alliance of Alabama                 | 42. WIN / Small successes turn into major life goals   |